

SOUTHERN FLEURIEU FAMILY PRACTICE

Trusted Care for Over 15 Years
ALL PATIENTS WELCOME



OUR DOCTORS

Dr Brenton Martin. Dr Charles Christie. Dr Kin Lau. Dr John Law. Dr Roumi Spassova.
Dr Paul Worley. Dr Rajpal Poonia. Dr Meiyang Leng. Dr Angela Knight. Dr Gerard Cobiac. Dr KC Hor.

*Opening hours are subject to doctor availability and some terms and conditions apply to practice bulk billing.
Please refer to our website or phone the practice for more information.

OPEN 7 DAYS
Quality Health Care
BULK BILLED!

 **8558 0111**  **www.sffp.com.au**
 **175 Main South Rd, Yankalilla SA 5203**

PRACTICE NEWS



**ALEXANDRA
PADRISSA**

Alex Padrissa is an experienced pharmacist with a background in hospital and community pharmacy. Shortly she will be commencing work at Southern Fleurieu Family Practice as the inaugural GP Practice Pharmacist, to support general practitioners, nurses and allied health staff to minimise the risks associated with medicines and optimise patient outcomes through the quality use of medicines. Alex is a generalist pharmacist with broad experience across many specialties, however she has a keen interest in Palliative Care and Gastroenterology. Additionally, she has recently returned from maternity leave to a new role as Clinical Educator (Pharmacy) at Flinders Medical Centre, and is passionate about teaching and professional development. Alex lives in Seaford Rise with her husband, two children, dog and chickens. She also enjoys baking - any excuse for morning tea will do!

HEALTH NEWS

IT'S BOWEL CANCER AWARENESS MONTH

Bowel cancer affects men and women, young and old.

Australia has one of the highest rates of Bowel Cancer in the world. Approximately 70 percent of people who develop Bowel Cancer have no personal or family history.

Prevention and early detection is critical to improved outcomes.

Modifiable lifestyle related risk factors include smoking, alcohol consumption, being overweight, physical inactivity and a diet low in fibre.

Bowel Cancer detected early can be successfully treated; however, many people are unaware of Bowel Cancer symptoms.

KNOW the possible symptoms:

- Blood in the stool or rectal bleeding
- Change in bowel habits
- Change in shape or appearance of bowel movements
- Abdominal pain or swelling
- Pain or lump in the anus or rectum

For more information make an appointment to see one of the doctors at Southern Fleurieu Family Practice. Phone 8558 0111.

Visit www.bowelcanceraustralia.org to learn more.

